

# Spa Treatments

### 60 Minute Massage

Relax and unwind with a 60 minute massage treatment. This treatment is designed for those needing stress relief, relaxation, or symptom relief from tired aching muscles. Our therapist can tailor the treatment to suit your specific needs.

### 75 Minute Massage

If you are needing some extra attention on certain areas during your massage, then this treatment is designed for you. While you lay back in the spa and soak in the surrounding sounds of the birdlife, our therapist will work away the tightness in your muscles, leaving you feeling relaxed and recharged.

### 90 Minute Massage

This treatment is designed for those who are seeking the ultimate relaxation experience. While you lie back and enjoy the soothing spa environment, the therapist will work through all your major muscle groups to help reduce stress levels, muscle tension and discomfort, leaving you feeling soothed and relaxed and ready to enjoy the rest of your stay.

For each of the treatments, the therapist will tailor the pressure level for each massage to suit your preferences, with options ranging from light relaxation massage through to deep tissue massage.

\$250

### \$205

## \$295